

# Alcohol: What Do You Know?

**Directions:** Read each statement. Put a T next to the statement if you think it is true. Put an F next to the statement if you think it is false. On the lines below each statement, explain your answer.

## T or F?

- \_\_\_\_\_ ① Alcohol can change how the brain works.  
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- \_\_\_\_\_ ② Drinking alcohol isn't connected to doing other dangerous or risky behaviors.  
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- \_\_\_\_\_ ③ Alcohol is a stimulant or "upper."  
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- \_\_\_\_\_ ④ Alcohol can kill you.  
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\_\_\_\_\_
- \_\_\_\_\_ ⑤ Drinking alcohol can make you gain weight.  
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\_\_\_\_\_

*(continued)*

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(continued)

\_\_\_\_\_ **6** People who begin to drink alcohol before age 15 are more likely to get addicted than those who begin at the legal age of 21 or later.

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\_\_\_\_\_ **7** Most teens don't drink alcohol.

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\_\_\_\_\_ **8** Teens who drink a lot have the same long-term health risks as adults who drink a lot.

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\_\_\_\_\_ **9** School grades aren't related to drinking.

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\_\_\_\_\_ **10** Experimenting with alcohol can be dangerous.

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\_\_\_\_\_ **11** Activities teens like to do can be negatively affected by drinking alcohol.

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